

Swimming Pool

• INFORMATION •

Pool Information

No lifeguard on duty, this pool is monitored by CCTV.

Depth of water is 1.4m throughout the whole pool, there is no deep end.

Please familiarise yourself with the situation of the reach pole and the emergency button, to use in case of pool emergencies. Members can sound the alarm by pushing this button to make staff aware there is an emergency.

Hygiene - please shower before entering the pool and after using the sauna and steam room.

Do not use the sauna and steam room if you suffer from heart conditions, have angina or have poorly controlled blood pressure.

Please use the cold shower after your sauna and steam room session.

Do not use the sauna and steam room if you are pregnant.

Emergency buttons are in both sauna and steam rooms, please sound in emergencies.

No under 16's to use the sauna and steam rooms. Children under 16 must be accompanied in the pool at all times.

No drinks and food to be brought into the pool.

Please be considerate to others, no yelling, shouting or ball games.

No running, pushing or other dangerous horseplay.

Management reserve the right to deny use of these facilities at any time.

Members and guests use these facilities at their own risk.

Children Swim Information

Children are classed as being under 16 years of age.

Please note we do not allow any more than 6 children in the pool at any one time.

Swim Times for Children

Monday - Friday **6.30am - 6.00pm**

Saturday - Sunday **10.00am - 2.00pm**

Adult to Child Ratio

Children must be accompanied in the pool by a responsible adult at all times.

Adults are not permitted to sit on the side whilst the children are swimming.

Children aged 4 to 16 years of age



1 responsible adult
2 children (maximum)

Child aged 0 to 3 years of age



1 responsible adult
1 child (maximum)

For further information contact reception or call **01945 871007**

Tydd St Giles Golf & Country Club, Kirkgate, Tydd St Giles, Wisbech, Cambridgeshire, PE13 5NZ